



Dreaming of calmer Seas?

From the President: Mark Luck

With only a couple months left before our April conference, I want to remind everyone who hasn't completed their conference registration, to do that and get it in. It's easy to get sidetracked and put things off until the last minute given all the financial reporting getting done this time of year. Unfortunately, I'm guilty of procrastinating at times myself, but, regardless of the reason the RRHAK Board is making it easier for you by you accessing it at www.rrhak.net. Personally, I am excited to reconnect with old friends and build new relationships. See you soon!

The April 2023 Conference will be held at the Hilton Garden Inn in Salina on April 24-25, 2023. To reserve your room at discounted rate, call: 785-309-0440, or go online to: hiltongardeninn3.hilton.com, and use Code: **RRH**. Reservations must be made by March 10th for discounted rate. Please remember food and drink from outside the hotel is **NOT** allowed at Conference. Thank you.

RRHAK 2022-2023 BOARD MEMBERS

Mark Luck, President	785-625-2400
Michelle Mullinix, Vice-President	785-654-3100
Linda Carpenter, Sec-Treas	620-793-9805
Carol Roberts, NW Dist	785-851-9781
Roger Schwager, SW Dist	620-793-9805
Debra Staab NE Dist	785-628-2660
Gina Honeycutt, SE Dist	620-365-5143
Harvey McFarland, At Large	620-221-3711
Wendy McFarland, Executive Director	620-705-8622

Please note:

Email or call in your lease orders. Let me know whether paper or electronic, total needed, and the mailing address. Once shipped, the invoice will be mailed. If the billing address is different, let me know.

Thank you.

wmcfarland2@cox.net

RURAL RENTAL HOUSING ASSOCIATION OF KANSAS

P. O. BOX 803, WINFIELD, KANSAS 67156, PHONE: 620-705-8622, E-mail: wmcfarland2@cox.net

March 2023



Greetings from Wendy,

Before the wild waves and swells of busyness distract and overcome you...drop anchor and visit www.rrhak.net. Get on board whether you need a conference registration form or the newsletter for more details, you can catch the latest news there.

Now, it's full speed ahead to the "Seas of Change Conference in April, 2023" Where training and connecting with others leads you to calmer waters!! See you on the quarter deck!!



Fresh Catch from the Sea...Our new Speakers for 2023

Everything Seniors

Rosie Walter has worked for Saline County since 1994, starting at Community Corrections. She then transferred to Senior Services in 2018 to serve as the Director. Because of her experience at Community Corrections working with grants and budgets, she was a good fit to benefit Senior Services. She has been able to gain grant funding to remodel the building and provide services to meet the needs of seniors. Senior Services provides Meals On Wheels and a place for seniors to meet for activities. Rosie loves to work with seniors by playing a role in providing critical community services to help seniors engage, enrich and empower their lives, enhancing their quality of life. Volunteer interest include the Animal Shelter and serves with Salina Noon Network Ambucs.

Banquet Inspiration

Amanda Littel is a certified professional life and leadership coach for forward-thinking professionals who want to create a life that's more than just "fine." Through my years of leadership experience, insightful questions, and unbiased voice of guidance, I'm here to help you feel more alive in your life and career—all while feeling heard and respected throughout the coaching process. When I'm not coaching, you can find me facilitating both adult and junior Community Leadership Programs in my hometown of Salina, Kansas—the true heart of the Midwest.

Fair Housing

Abigail "Abi" Panecatl joined the HCCI staff in July 2019 as a Tenant & Landlord Counselor and Educator with previous background as a certified insurance agent and customer service representative. Abigail graduated Highland Park High School and attended Washburn University in Topeka, KS. Abi is experienced in radio and TV production and took part in a Spanish speaking community radio broadcast from 2015 to 2018, also in Topeka. Currently, Abi oversees the Tenant/Landlord Program. As the Tenant/Landlord Program Manager, she uses her knowledge of the Kansas Residential Landlord and Tenant Act, Fair Housing Laws, as well as her bilingual skills to convey rights and responsibilities applicable to tenants and landlords in Kansas.

Legal Matters

Lance Cochran,

Live beyond Labels Keynote Speaker

Emeka Nnaka is a keynote speaker and advocate for hope. He helps organizations cultivate the power of hope to navigate times of stress and struggle. Emeka is uniquely qualified to present life, its challenges, and its opportunities from the perspective of someone who found strength through intense adversity. Emeka used the power of hope to find a new and different course for his life. He returned to school and graduated with his bachelor's degree in Rehabilitation Services from Langston University, and his master's in human Relations and Clinical Mental Health Counseling from the University of Oklahoma. As a speaker, coach, and advocate, Emeka uses his 5-pillar process to help people live beyond the labels of their circumstances.

March 2023

RURAL RENTAL HOUSING ASSOCIATION OF KANSAS
32nd ANNUAL CONFERENCE
Hilton Garden Inn, Salina, KS
APRIL 24-25, 2023

2023 CONFERENCE REGISTRATION

REGISTRATION INFORMATION (Please use one form per registrant)

NAME: _____ YEAR YOU STARTED: _____

PROJECT NAME: _____

PROJECT ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

E-MAIL ADDRESS: _____

CONTACT PHONE: _____ FAX: _____

FIRST TIME ATTENDEE _____ YES _____ NO

PLEASE CHECK HERE IF YOU REQUIRE SPECIAL ACCOMODATION TO
FULLY PARTICIPATE. _____ DESCRIBE NEEDS _____

Regular Conference Registration \$199.00 each _____

Late Registration (after March 25) \$229.00 each _____

Non-Profit Board Member \$100.00 each _____

Guest \$100.00 each _____

Guest Name: _____

Registration fee \$199.00 if paid ON OR BEFORE March 24, 2023. Late registration is \$229.00 on or after March 25, 2023. The Housing Authority Board Members fee will be refunded after the conference to those who attend. Other refund of Registration Fees will be approved if the request is made in writing by March 25, 2023.

PLEASE RETURN THIS FORM WITH PAYMENT TO:
RURAL RENTAL HOUSING ASSOCIATION OF KANSAS
PO BOX 803
WINFIELD, KANSAS 67156
PHONE: 620-705-8622, E-MAIL: wmcfarland2@cox.net

The logo for 'SEAS OF CHANGE' is a blue, wavy banner with a white rectangular box in the center containing the text 'SEAS OF CHANGE' in blue, uppercase, sans-serif font.

SEAS OF CHANGE

2023 Conference Schedule

April 24

- 9:00 Registration with continental break
 - 9:45 Mark with Welcome
 - 10:00 Rosie with Seniors
 - 12:00 Lunch
 - 1:00 Keynote Speaker Emeka
 - 3:00 Break with snacks
 - 3:15 Keynote Speaker Emeka
 - 5:00 Visit the Exhibitors, Register for prizes
 - 6:30 Banquet and Awards Ceremony – Amanda Littel. And the award goes to...
- BINGO

April 25

- 7:00 Breakfast
- 8:30 Announcements by Michelle Mullinix
Rural Rental Housing Association of Kansas Annual Meeting
- 9:00 Basics
- 10:15 Break
- 10:30 Lance Cochran with Legal matters
- 12:00 Lunch
- 1:30 Abigail with Fair Housing
- 3:00 Break with snacks
- 3:15 Basics
- 4:30 Adjourn